

ADDITIONAL RISK ASSESSMENT – HAMMOCKING

Please report all Accidents or Near Misses in an Accident Book, which are located in the Solid Shelter or in the phone cupboard in Foyer of House.

A First-Aid kit can also be found in the Solid Shelter for use in an emergency but every group should provide their own.

A supervising adult with the group should be responsible for First Aid.



Each group is responsible for taking a roll call early on during their event and must have a means of tracking who exactly is on site at any time.

The Emergency Muster Point is at the end of the Car Park.

Hazard	Risk	Risk Level	Control Measures	Person(s) responsible for control measures
Inappropriate use of hammock	Injury – bruises, breaks	Low	- Participants are shown by leader, the correct technique for mounting, dismounting and use of the hammocks - Only one participant at a time to lie in the hammock, or two sitting side by side - No swinging, tricks, such as flipping, jumping or standing	Leader
Hammock equipment failure		Low	- Prior to putting hammock up visual check to be conducted for signs of wear and tear. - Test hammock can take weight with assistance initially to prevent injury	
Hammock tree failure		Low	- Use only healthy trees with a diameter of 15cm or more (children), 20cm or more (adults). - No more than 2 hammocks attached to one tree. - Do not use any trees marked with paint for felling.	
Falling out of hammock		Medium	- When putting up ensure trees are sufficient distance apart. - Ensure hammock secured appropriately. Leader to check all hammocks before use. - Do not hang too high (no higher than 50cm off ground at lowest point with person in) - Ensure ground around hammock is free from stones / branches/ nettles likely to cause injury.	
Falling branches above hammocks	Injury – bruises, cuts	Low	Before hanging hammock ensure area above is free from dead branches.	Leader
Hammock too cold or uncomfortable at night	Lack of sleep, miserable girls	Medium	Tent / shelter with groundsheet available nearby for anyone to transfer to.	Leader
Inappropriate lashings	Entanglement, catching neck	Medium	- Leader to check all hammocks hung correctly before use. - Access from each hammock to exit route must be available. - Glow in the dark paracord can be tied to ropes if needed.	Leader
Tent pegs	Injury	Medium	- Do not put tent pegs where access is required. - Consider using glow in the dark pegs. - Check ALL tent pegs have been removed before leaving (count back in per hammock kit)	Leader