

Energizers Short high energy games and tasks to break the ice and get the group warmed up for the day.	Bug Hunt Research and investigation into wildlife and insects in our woodland.	Camp Cooking Using fire to cook tasty treats or bread
Fire Lighting Teaching the skills of making fire without matches and lighters. Either using Kelly Kettles to boil water and make hot chocolate, or as a race to see which team can build a fire first.	Archery or Soft Archery Sessions will include key skills, coaching, games and competitions	Shelter Building Building shelters from natural materials gathered in our woodland..
Bottle Rockets Teams design and build bottle rockets to see who can get the highest and furthest.	Catapult Building Team building activity where groups have to build catapults to either shoot their eggs the furthest or knock down a target in a set time.	Photo Scavenger Hunt Using cameras teams must collect and complete all the tasks given recording everything on the camera provided.
Orienteering High paced navigation challenge using maps.	Geocaching High paced navigation challenge using GPS.	Flag Painting Groups work together to design and paint large flags, fun and messy.
Dodge Ball Fun and engaging for all. Played outside.	Team Challenges Team building activities and challenges. from very simple mind problems to complicated building projects.	Team Games Large group games, high energy and high fun.

Choose one or more of these below for an additional charge.

Climbing Wall A 7.3m mobile climbing wall with 4 faces and auto belay system. Can be modified to teach traditional belaying techniques using climbing ropes. Promoting teamwork, trust and looking after each other's safety and wellbeing.	Birds and Beyond Make some new feathered friends with Birds and Beyond. Get close and personal with birds of prey, including owls and hawks. Learn all about them, watch them fly and get your students holding and handling the beautiful creatures.	Combat Archery A mix of archery and dodge ball!! Wearing face masks and using foam-tipped arrows, teams work together to literally shoot at their opponents to knock them out of the game. High energy and huge amounts of fun!
Mountain Biking A skills course set up on the campsites and in the woodland, using a fleet of mountain bikes of various sizes. Height restrictions may apply.	Axe and Knife Throwing A technical and rewarding activity. Learn how to handle safely and use throwing axes and throwing knives. Developing hand eye coordination, concentration and accuracy. 8 years and over	It's a Knock Out A great session to end the day. All the teams compete against each other in fun challenges to win points.

Contact Abbeycroft Leisure direct to sort out and agree details of your day and the cost.

Please note that they require payment in advance direct to them.

Contact Abbeycroft Leisure:

Email: exploreoutdoor@acleisure.com

Phone: 07983 918318

Contact the Jarman Centre:

Email: admin@jarmancentre.org.uk